



Give the completed form to the School Nurse:

Diet Prescription for Meals at School

Section A: To be completed by the student's parent or guardian.

Student's Name: _____ Date of Birth ___/___/___ Age: _____
Name of School: _____ Grade: _____
Will student eat the school breakfast? Yes ___ No ___ Will student eat the school lunch? Yes ___ No ___

If you answered No to both of the above questions, STOP. Form is not required by Nutrition Services.

I understand that if my student's medical or health needs change, it is my responsibility to notify nursing/nutrition services and have a new Diet Prescription for Meals at School form completed. I authorize the school nurse to inform necessary school staff of my child's food allergy.

Parent/Guardian's Signature _____ Home Phone Number _____ Date Signed _____

I give Nutrition Services permission to speak with the below name Licensed Physician or Recognized Medical Authority to discuss the dietary needs described.

(parent/guardian's initials and date)

Section B: To be completed by a Licensed Physician when identifying a disability OR a Recognized Medical Authority (RMA) when identifying a non-disabling medical condition. For Diet Prescription purposes, a RMA includes a Licensed Physician, Doctor of Osteopathy, Licensed Physician's Assistant, ARNP or Licensed Naturopathic Physician.

Student Diagnosis _____

Is the student's diagnosis recognized by the ADA as a disability? Yes ___ No ___

If Yes, describe the major life activity affected by the disability _____

Diet Prescription - please attach additional instructions

List any dietary restrictions or special diet:

List foods to omit:

List foods to substitute:

List foods that need the following changes in texture. If all foods need to be prepared in this manner indicate "All"

Cut or chopped ___ Finely ground ___ Pureed ___

List any equipment or utensils that are needed _____

I certify that the above named student needs special school meals prepared or served as described above because of the student's disability or chronic medical condition.

Licensed Physician or Recognized Medical Authority Signature _____ Date _____

Name, Including Credentials _____ Phone: _____ Fax _____

Section C:

School Nurse: Received: _____ Date & Initials _____

Data Entered in TITAN: _____ Date & Initials _____

School Cafeteria: Received: _____ Date & Initials _____

Resident School Dietitian/ Received: _____ Date & Initials _____